



Delta Friendship Link

101 North Avon Road

(03) 389 0273 – This is our direct line, if we miss your call please leave a voice message and we will get back to you as soon as possible. 😊

DFL@deltatrust.org.nz

Updated News

- Toasty Tuesday's-A Toasty From \$2.50 for 3 Toppings- Cheese, tomato, onion, ham, spaghetti and pineapple. **No Orders after 10:30am**
- My Story-Keepsake book of photos and stories of members time at Delta.
- A **Town Boxing Gym**-Christchurch boxing trainer **Jaime Roberts!** 🥊 Jaime is passionate about empowering our community through boxing, and we're excited to check out his facility and try out some drills. Come see how he's making a difference—one punch at a time! Location-Hampshire St.
- NZMA- Our friends from NZMA coming for a visit and running some programmes with us.
- Gym Fun-Throwing some balls around in crossway gym.

Please note: *New members need to complete our Member Registration and Code of Conduct forms. This ensures that you are aware of our wanting to acknowledge the strengths and abilities of our members and also enables us to be fully aware of your support person's details in an emergency.*

Please also note we are not in a position where we are able to apply one to one support for persons who require this. Where this is necessary the member will need to bring a Support Person to work alongside them enabling them to be part of our organised activities.

During our Programmes we open at **9.30 a.m.** and close at **2.30 p.m.**

- **Enabling Good Lives and ACC** funded members will continue to be **charged \$50.00 per session.** If you require a support person with you when you come for your sessions – **this will drop to \$40.00.** This is due to not receiving MOH Funding for EGL and ACC members.
- **Members who are not with Enabling Good Lives and ACC** are **charged \$25.00 per session.**
- **We use Deltas Café area but at times we may be down in Crossways Gym area,** we will place the DFL sign outside on these days.
- Please remember to **bring a cut lunch if you intend to stay all day.**
- **Our Member's Meeting is run once a month.** Please consider joining our committee as it is open to Members, Support Person's, Family and Staff.
- **"Our Day Out" must be booked in advance as numbers are limited for van outings.** The cost is our daily price to stay all day **PLUS cost of activity.**
- **Please check Programme** for the day's activities and dress appropriately.
- **If you are unwell,** please stay home for that week to get yourself well again.

Best Wishes

Ruita, Vicky & Daffy

Friendship Link Programme –

September 2025

*On Tuesday 9th September the whole of Delta will be closed for our annual Vision Day

*A Town Boxing Gym-Christchurch boxing trainer Jaime Roberts! We're excited to check out his facility and try out some drills.

Tue	Wed	Thu
2nd Pamper & Games  Karaoke	3rd Line Dancing  Fathers Day Card Making	4th Diamond Art  Offsite 'A' Town Boxing
9th 	10th Bingo and Bowls  Karaoke	11th Jewelry Making  NZMA Visit
16th Pamper & Games  Art	17th Gym Fun  MEMBER MEETING Live Music -Neville The Devil	18th My Story  Karaoke
23rd Diamond Art  Karaoke	24th Circability  Scrapbooking	25th Bingo & Bowls  Jewelry Making
30th PJ DAY Pamper & Games  Movie -Dolittle		

*Because Delta is a community house and has many operations under the one roof, at times we may have to change areas. Just follow our Friendship Link Signs or ask us how to join our private Facebook Group where we always post updates as they happen 😊